

**City of Kannapolis Park and Recreation
2025 5/6-Year-Old Instructional T-Ball
League Rules & Regulations**

National Federation Rules Apply with some exceptions listed below:

Playing Field

1. Baseline shall be sixty feet (60' feet)
2. Bases youth league

Equipment

1. Ball – Approved (Level 1) (RF1)(T-Ball)
2. Bat – small barrel; should not exceed 2-1/4 in diameter (Official T-Ball)
 - a. 24"-26" long; max of 17 to 20 ounces.
3. Cleats or Athletic shoes (NO metal cleats)
4. Helmets must be worn by batters, base runners and on-deck batters.
5. Tee – adjustable, flexible tube on a moveable base.

General Information

1. Regulation game- 4 innings or **one hour drop dead time**
2. No strikeouts or walks
3. All players must remain in bleachers or along the fence while waiting to bat except the on-deck batter.
4. Base stealing is not permitted. The base runner must be in contact with the base at the time the ball is hit by the batter. If runner leaves the base before the ball is hit, the umpire shall signal to indicate the violation at the time it occurs.
5. The infield fly rule is not in effect.
6. Batted balls that stay in the infield or travel to the outfield will be ruled a single.
7. ** NOTE- Last batter will be allowed to run all the bases. **PLEASE –if ball travels past the infield into grass area past the players the coaches/parents positioned as defensive coaches may stop the ball so players can continue with the play.**
8. Teams are to bat entire roster. An inning is over when all the players have batted once. Players will remain on base and allowed to run the bases even if an out has been recorded. The last batter will run all the bases then the next inning will begin.
9. Every player will bat and plays the field.
10. Any player who arrives late may enter the game immediately but be added as the last name of the batting order.
11. Teams do not provide player catchers
12. Scores are not kept for this age group

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Offensively – only the base coaches, hitting coach and coach pitchers can take positions on the playing field during the game. The base coaches only may instruct the base runners. The position of the base coach must be behind the base but not in-front of defensive player. The coach/pitcher is not allowed to instruct base runners. This will allow the players not to be confused or get frustrated during the game.

Defensively – A coach may be positioned in the field between 1st and 2nd and between 2nd and 3rd. Two infield coaches are allowed on the infield positioned to the right and left of the pitching circle. Infield coaches must position themselves behind the players, not obstructing the view of the runners or defensive players in the field. (*Unless ball has past all the players; please refer to rule #9*).